

GOSHIN JUTSU



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GOSHINJUTSU

		KAMIZA	
		←gun stick ←dagger	
Bow		UKE	TORI
cue			
1.	Ryote-dori (Kote-mawashi/waki-gatame) both	➔	⇐
2.	Hidari-eri-dori (Ude-osae/kote-hineri) left	⇨	←
3.	Migi-eri-dori (Kote-gaeshi) right	➔	⇐
4.	Kata-ude-dori (Waki-gatame) elbow	➔ ⇨	
5.	Ushiro-eri-dori (Ude-gatame) back		⇐ ←
6.	Ushiro-jime (Kote-hineri) naked	➔ ⇨	
7.	Kakae-dori (Ushiro-ude-osae) body		⇐ ←
8.	Naname-uchi (O-soto-otoshi) down	➔	⇐
9.	Ago-tsuki (Ude-osae) up	⇨	←
10.	Ganmen-tsuke (Hadaka-jime) left	➔	⇐
11.	Mae-keri (Kibisu-gaeshi) kick	⇨	←
12.	Yoko-keri (Tani-otoshi) side	➔	⇐
13.	Tsukkake (Ude-osae) draw	➔	⇐

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|-----|-----------------------|----------------|---|-----|
| 14. | Chokuzuki
thrust | (Waki-gatame) | ⇨ | ⇦ |
| 15. | Naname-zuki
down | ((kote-gaeshi) | ➔ | ⇨ |
| 16. | Furi-age
up | (O-soto-gari) | ➔ | ⇨ |
| 17. | Furi-oroshi
down | (Kokyu-nage) | ⇨ | ⇦ |
| 18. | Morote-zuki
thrust | (Ude-osae) | ➔ | ⇨ |
| 19. | Shomen-zuki
front | | ➔ | ⇨ |
| 20. | Koshi-gamae
hip | | ⇨ | ⇦ |
| 21. | Haimen-zuki
back | | | ⇨ ⇦ |